

**VALERIE GREENE**  
**Video News Release**  
**JUNE 2005**

**ANCHOR TAG**

**(Following video package)**

SIGNS AND SYMPTOMS OF STROKE INCLUDE:

A SUDDEN, SEVERE HEADACHE WITH NO KNOWN CAUSE...

SUDDEN DIFFICULTY SEEING OUT OF ONE OR BOTH EYES...

SUDDEN TROUBLE WALKING, DIZZINESS, LOSS OF BALANCE OR COORDINATION...

SUDDEN CONFUSION, TROUBLE SPEAKING OR UNDERSTANDING...

AND SUDDEN NUMBNESS OR WEAKNESS IN THE FACE, ARM, OR LEG...ESPECIALLY ON ONE SIDE OF THE BODY.

NOT ALL THESE WARNINGS OCCUR IN EVERY STROKE. IF SOME START TO OCCUR, DON'T WAIT. GET HELP IMMEDIATELY. STROKE IS A MEDICAL EMERGENCY – CALL 911.

FOR MORE INFORMATION ON STROKE AND WHY IT MATTERS TO YOU...CHECK OUT THE AMERICAN STROKE ASSOCIATION WEBSITE AT WWW-DOT-STROKE ASSOCIATION-DOT-ORG...OR VALERIE GREENE'S WEBSITE AT WWW-DOT-THE FIRE WITHIN-DOT-NET.

**For more information on Valerie Greene, to schedule an interview or to obtain a media kit, please contact:**

**Greene Enterprises, Inc.**  
**407-629-2608**  
**[www.thefirewithin.net](http://www.thefirewithin.net)**